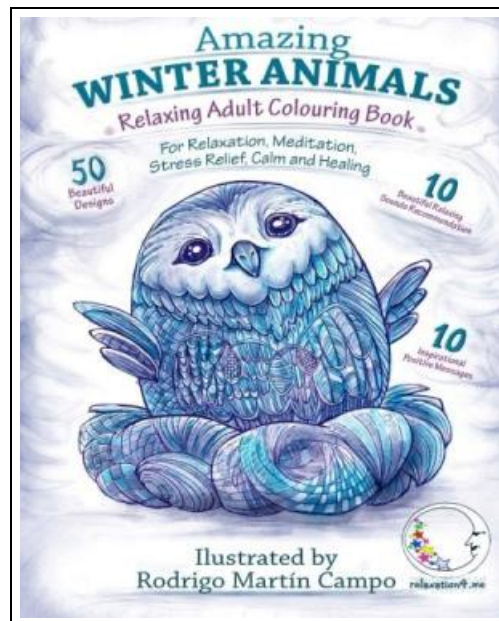


Relaxing Adult Coloring Book: Amazing Winter Animals: For Relaxation, Meditation, Stress Relief, Calm and Healing



Filesize: 4.05 MB

Reviews

A top quality ebook and the font used was fascinating to read through. It is written in easy terms and not confusing. It has been written in a remarkably easy way in fact it is simply after I finished reading through this publication through which actually altered me, alter the way I believe.



(Roberto Block)

RELAXING ADULT COLORING BOOK: AMAZING WINTER ANIMALS: FOR RELAXATION, MEDITATION, STRESS RELIEF, CALM AND HEALING



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Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book ***** Print on Demand *****.NEW 50 + 5 UNIQUE ANTI-STRESS, CREATIVITY BOOSTING ILLUSTRATIONS INCLUDES TIPS FOR A STRESSFREE LIFE PREVIEW the first 9 illustrations from the book at + International phenomenon and latest mega trend! + Free Your mind! + Stress Relieving! + Coloring will have a healing effect, enhances creativity and is fun! + Coloring books are leading the international bestsellers! + This Adult Coloring Book will benefit You with WEEKS of coloring fun! + Includes very cute baby animals! + 50 beautiful designed and amazing detailed images of the most famous winter animals of the whole nature world. Beside many more You will find a cute baby owl, a penguin family and a nut eating squirrel. Also includes some fancy winter utensils. + 5 Bonus Images! + Almost feels like visiting a zoo! + Especially detailed and complex illustrations for grownups but also (older) kids will love it. + For girls and boys, women and men, ladies and gents, grandma and grandad! + Be aware of the wild animals! + Maybe also a yeti is awaiting You! + Includes: 10 Beautiful Relaxing Sound Suggestions! + Includes: 10 Inspirational Positive Messages! + Includes: short how to color introduction! + Each illustration is on a separate sheet to avoid bleeding through! + Easy to color! + Improves eye-hand coordination! + Calms an anxious mind and cultivates moment-to-moment awareness! + Increases self-confidence, self-esteem and self-love! + Boosts mental clarity! + Enhances the ability of inner focus and lets You develop more mindfulness! + Coloring will take You into a Zen Buddhism meditation-like state! + Depressions are going to disappear! + Wellness yoga for Your mind! + Art Therapy! + Create...

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