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(Ms. Elda Schaden MD)

HEALTH PRIMERS, VOL. 1: EXERCISE AND TRAINING (CLASSIC REPRINT) (PAPERBACK)



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Forgotten Books, 2017. Paperback. Condition: New. Language: English . This book usually ship within 10-15 business days and we will endeavor to dispatch orders quicker than this where possible. Brand New Book. Excerpt from Health Primers, Vol. 1: Exercise and Training Impressed by these considerations, several eminent medical and scientific men of London have combined to prepare a series of health primers, of a character that shall be entitled to the fullest public confidence. They are to be brief, simple, and elementary in statement, and they will be filled with substantial and useful information, suitable for the guidance of grown-up people. Each primer will be written by a gentleman specially competent to treat his subject; while the choice of topics and the critical supervision of the books will be in the hands of an able and responsible committee. The series will deal with the chief hygienic subjects that are of vital importance to the individual and the family, and will form a cheap and compendious popular library of health-manuals which should find a place in every household. About the Publisher Forgotten Books publishes hundreds of thousands of rare and classic books. Find more at This book is a reproduction of an important historical work. Forgotten Books uses state-of-the-art technology to digitally reconstruct the work, preserving the original format whilst repairing imperfections present in the aged copy. In rare cases, an imperfection in the original, such as a blemish or missing page, may be replicated in our edition. We do, however, repair the vast majority of imperfections successfully; any imperfections that remain are intentionally left to preserve the state of such historical works.



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