



What Can I Do with My Herbs?: How to Grow, Use, and Enjoy These Versatile Plants (Hardback)

By Judy Barrett

Texas A M University Press, United States, 2009. Hardback. Condition: New. Language: English . Brand New Book. With tips covering everything from artemisia to vetiver grass, What Can I Do with My Herbs? offers a fun and lively look at forty common herbs and the creative and useful things people do with them. Each herb description includes the plant s history and a list of popular uses, as well as helpful information about how to successfully grow them, how to enjoy them in the garden (watch the swallowtail butterflies and caterpillars that love fennel), or how to use them in the kitchen (substitute the yellow flowers of calendula for saffron). Judy Barrett even shares some of her favorite recipes, including lavender lemonade and thyme cheese rolls. Barrett also suggests uses for each specific herb outside the kitchen. Readers will learn how to bathe with basil, fight fungus with chamomile, fertilize with comfrey, clean house with rosemary, and much, much more. Gardeners, herbalists, and anyone interested in learning more about herbs will relish this compact and easy-to-understand practical guide to growing and enjoying these versatile plants.



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Reviews

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