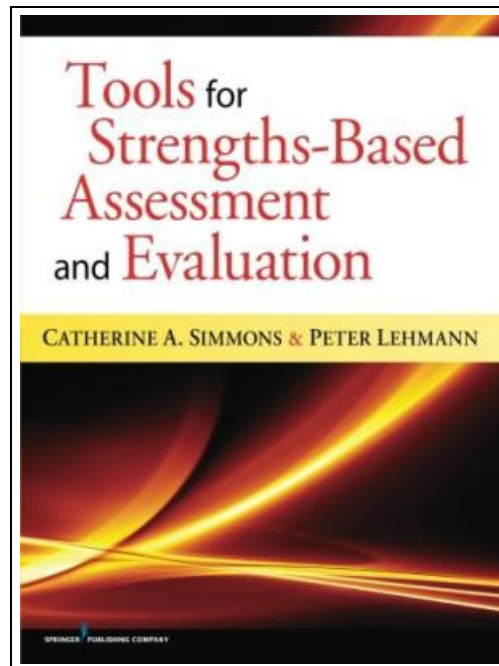


## Tools for Strengths-Based Assessment and Evaluation



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(Mrs. Phoebe Schimmel)*

## TOOLS FOR STRENGTHS-BASED ASSESSMENT AND EVALUATION



Springer Publishing Company. Paperback. Condition: New. 560 pages. Dimensions: 11.0in. x 8.5in. x 1.3in. Catherine Simmons, PhD, LCSW Drs. Simmons and Lehmann have given all of us in the helping professions-practitioners and researchers alike-a comprehensive resource for finding and selecting psychometrically sound, practical, strengths-based measures that we can use not only to look at the results but to do so in a way that we measure others by their strengths. We look forward to seeing this invaluable resource on every social workers desk in the coming years. -John G. Orme, PhD, MSW Professor, University of Tennessee -Terri Combs-Orme, PhD The Urban Child Institute Endowed Professor Traditionally, assessment and evaluation have focused on the negative aspects or deficits of a clients presentation. Yet strengths, health, and those things that are going right in a persons life are key protective factors in the prevention and treatment of many mental health problems. Thus, measuring strengths is an important component of a balanced assessment and evaluation process. This is the first compendium of more than 150 valid and reliable strengths-based assessment tools that clinicians, researchers, educators, and program evaluators can use to assess a wide array of positive attributes, including well-being, mindfulness, optimism, resilience, humor, aspirations, values, sources of support, emotional intelligence, and much more. These tools provide a clear picture of an individuals strengths while being easy to complete, score, and interpret. The scales and instruments included are consistently formatted, organized according to construct measures, and include tools for working with adults, couples, families, children, and special populations. They represent a wide range of theoretical approaches and were written by a diverse array of professionals, including social workers, psychologists, nurses, physicians, and sociologists. Partial List of Instruments: Assessing Emotions Scale Affective Balance Scale Flourishing Scale Five Facet Mindfulness Questionnaire Positive States of Mind Scale...



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