



Under the Influence A Guide to the Myths and Realities of Alcoholism

By Katherine Ketcham

Bantam. Paperback. Book Condition: New. Mass Market Paperback. 256 pages. Dimensions: 6.8in. x 4.1in. x 0.8in. Ten of millions Americans suffer from alcoholism, yet most people still wrongly believe that alcoholism is a psychological or moral problem, and that it can be cured by psychotherapy or sheer will power. Based on groundbreaking scientific research, Under The Influence examine the physical factors that set alcoholics and non-alcoholics apart, and suggests a bold, stigma-free way of understanding and treating the alcoholic. How to tell if someone you know is an alcoholic. The progressive stages of alcoholism. How to get an alcoholic into treatment -- and how to choose a treatment program. Why frequently prescribed drugs can be dangerous -- even fatal -- for alcoholics. How to ensure a lasting recovery. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Mass Market Paperback.



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