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Healing Fibromyalgia: The Three-step Solution

By David H. Trock, Frances Chamberlain

Turner Publishing Company. Paperback. Book Condition: new. BRAND NEW, Healing Fibromyalgia: The Three-step Solution, David H. Trock, Frances Chamberlain, Finally----an effective approach to fibromyalgia treatment and recovery! "Healing Fibromyalgia is a must for the person with fibromyalgia. Dr. Trock has listened to the needs of his patients and has responded with a clear and concise book that explains the problem and provides solutions to living with fibromyalgia--highly recommended as a guide to recovery!" --Denise L. Taylor-Moon, former Director of Outreach for the Chronic Pain and Fatigue Research Center at the University of Michigan Healing Fibromyalgia: The Three-Step Solution is not just another book telling you how to live with fibromyalgia--it's a guide for enjoying life fully without it. Exciting new findings and effective new therapies make it possible to eliminate the debilitating, intense pain and fatigue of fibromyalgia and reboot your life. This authoritative medical guide gives you the most current and accurate information on fibromyalgia causes, symptoms, diagnosis, and treatments. Healing Fibromyalgia covers vital topics that include: Common triggers of fibromyalgia, including physical trauma, an infection such as Lyme disease or hepatitis C, emotional upheaval, or chronic daily stress Finding the right physician--one who will listen to you and...



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