



Behind the Mask: A Collection of Poetry

By Helena Lancaster

KCL Publishing. Paperback. Condition: New. 110 pages. Dimensions: 9.0in. x 6.0in. x 0.2in. Like spiders laying in wait for their prey, the anxieties of daily life seem to lay dormant to attack us when we are most vulnerable. What's wrong with me? Will anyone love me? Why doesn't anyone care? Helena Lancaster takes these fears and turns them into a lyrical rumination. These haunting poems evoke a hero of the Byronic persuasion and female to boot! - Erica Dawn Helena Lancaster's deeply emotional poetry shows the world a peek inside the soul of someone who has felt like an outsider, battled emotional abuse, and depression. These poems are an ode to days past for her, the physical remnants of where she has been. She sees herself as a survivor of some very painful events in life and just hopes that her words can help others know that in their darkest moments they're not alone. Behind the Mask is the first professional publication by writer Helena Lancaster. It contains seventy-five of her poems split into four sections: Nightmares and Solitude, Faces in the Mirror, Haunted Memories, and Circus of Life. Helena has been writing since she was a child, using poetry as a...



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