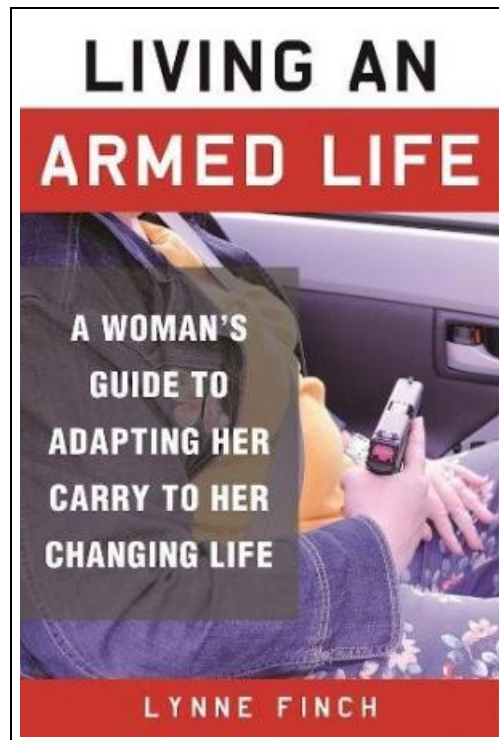


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Skyhorse Publishing, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book. Statistics from the US Department of Justice regularly report that more than half of all of violent crime is perpetrated against unarmed women. Whether you are part of this demographic or you have a loved one who is, do you have a plan for when danger strikes? Do you know how to defend yourself against attack or assault? In *Living an Armed Life*, NRA instructor and author Lynne Finch lists and explains expert tactics to help prepare women to protect themselves throughout their lives. Finch deftly covers dozens of topics pertaining to defending yourself as a woman, with chapters on: * Choosing when and where to carry * How to carry (both on and off the body) * Discerning when and when not to shoot * Arming yourself as you age * The effects of fear and adrenaline on your mental state Finch s text is an essential read for every woman--from the young college student to the elderly grandmother--who is looking to learn how best to defend herself. Unfortunately, you will never know when danger is about to strike, but after reading *Living an Armed Life*, at least you ll be prepared when it does. Skyhorse Publishing is proud to publish a broad range of books for hunters and firearms enthusiasts. We publish books about shotguns, rifles, handguns, target shooting, gun collecting, self-defense, archery, ammunition, knives, gunsmithing, gun repair, and wilderness survival. We publish books on deer hunting, big game hunting, small game hunting, wing shooting, turkey hunting, deer stands, duck blinds, bowhunting, wing shooting, hunting dogs, and more. While not every title we publish becomes a New York Times bestseller or a national bestseller, we are committed to publishing books on subjects that are...



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